

Level 2 Award in Emergency First Aid at Work Syllabus

A Roles and responsibilities

Candidates should understand the terminology used in first aid and be able to:

- i Identify the role and responsibilities of an emergency first aider.
- ii Describe the legal requirements for first-aid provision in the workplace.
- iii Describe how to complete an incident report form.
- iv Identify the necessary first-aid equipment and its safe use.
- v Describe how to minimise the risk of infection to self and others.

B First-aid incidents

Candidates should know how to assess an incident and be able to:

- i Describe how to conduct a scene survey.
- ii Describe how to make a primary survey of a casualty.
- iii Identify when to call for help.
- iv Explain how to call for help and the information required by the emergency services.

C Unconscious casualties

Candidates should know how to manage an unconscious casualty and be able to:

- i Demonstrate how to:
 - assess a casualty's level of consciousness
 - open a casualty's airway
 - check to see if a casualty is breathing.
- ii Explain why it is important to keep a casualty's airway open.
- iii Demonstrate how to place an unconscious casualty into the recovery position that maintains an open airway.
- iv Describe how to manage a casualty who is having a seizure.

D Cardiopulmonary resuscitation

Candidates should know how to manage a casualty who is not breathing normally and be able to:

- i Demonstrate how to administer effective cardiopulmonary resuscitation using a manikin.

E Choking

Candidates should know how to treat a casualty who is choking and be able to:

- i Describe how to recognise a casualty who has a partially or a completely blocked airway.
- ii Demonstrate how to administer first aid to a casualty who is choking.

F Bleeding

Candidates should know how to manage a casualty who has a bleeding injury and be able to:

- i Demonstrate how to control severe external bleeding.
- ii Describe how to treat a casualty with complicated bleeding injuries.

G Shock

Candidates should know how to manage a casualty who is in shock and be able to:

- i Describe the signs and symptoms of shock.
- ii Demonstrate how to manage a casualty who is in shock.

H Minor injuries

Candidates should know how to treat minor injuries that commonly occur in the workplace and be able to:

- i Describe how to manage a casualty with a:
 - small cut, graze or bruise
 - minor burn or scald
 - small splinter.



Chartered
Institute of
Environmental
Health

Customer Services

Chartered Institute of Environmental Health
Chadwick Court, 15 Hatfields, London SE1 8DJ

Telephone 020 7827 5800 (Option 1)

Email customerservices@cieh.org **Web** www.cieh.org/training